

Cook and Taste

January – March 2020

With Ana the Community Food Worker from Evelina London

**The Grove
Children and
Family Centre**

**Tuesday
21st January
Start time:09.30**

**Winter Squash
Soup**



**Dulwich Wood
Children and
Family Centre**

**Thursday
6th February
Start time:13.00**

Fruit Pancakes



**Crawford
Children and
Family Centre**

**Friday
28th February
Start time:09.30**

Bean Burger



An opportunity for children to get involved in healthy cooking and for parents/carers to share healthy recipe ideas for the under 5's.

Please contact the venue directly for further information:

- ❖ Albrighton Community Centre (t: 0207 274 0509), Albrighton Road, SE22 8AH
- ❖ Crawford Children and Family Centre (t.020 7525 2017), Crawford Rd, SE5 9NF
- ❖ Dulwich Wood Children and Family Centre (t.020 7525 2017), Lyall Avenue, SE21 8QS
- ❖ The Grove Children and Family Centre (t.020 7525 2017), Tower Mill Rd, SE15 6BY

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Peckham Rye Park

Thursday
23rd January
13th February
19th March

Start time:13.00



Leyton Square Children's Centre

Monday
27th January
24th February
9th March

Start time:13.00



Ivydale Children's Centre

Thursday
5th March

Start time:13.00



An opportunity for children to get involved in healthy cooking and for parents/carers to share healthy recipe ideas for the under 5's.

Please contact the venue directly for further information:

- ❖ Ivydale Family and Children's Centre (t: 0207 639 2702 – Ext. 232) Ivydale Road, SE15 3BU
- ❖ Peckham Rye Park – (t: 0207 639 2702 – Ext. 232) Home Stall Road, SE 22 0SB
- ❖ Leyton Square family and Children's Centre – (t: 0203 8485 780) Leyton square Gardens, Maismore Street, SE15 3PD

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With Harriet the Community Food Worker from Evelina London

**Pilgrim's Way
Children and
Family Centre**

**Friday 24th
January**
Start time: 10am

We are making..
**Houmous and
Veg Wraps**



**Ellen Brown
Children and
Family Centre**

**Monday 24th
February**
Start time: 1.15pm

We are making..
Guacamole



**Rotherhithe
Children and
Family Centre**

**Tuesday 24th
March**
Start time: 10am

We are making..
Yoghurt Pots



An opportunity for children to get involved in healthy cooking, and for parents/carers to share healthy recipe ideas for the under 5's.

**For more details call Bermondsey and Rotherhithe Children
and Family Centres on:
0207 358 2870 or 0207 525 3901**

- Ellen Brown Play Centre, Bermondsey Spa Park, Grange Road, SE1 3EB
- Pilgrim's Way Children's Centre, Manor Grove, Tustin Estate, SE15 1EF
- Rotherhithe Children's Centre, Southwark Park Playroom, Hawkstone Road SE16 2PL

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Victory Children's Centre

**Wednesday 26th
February**
Start time: 10am

We are making..
Fruit Salad



1st Place Children's Centre

**Friday 13th
March**
Start time: 1pm

We are making..
Tomato Brushetta



Aylesbury Health Centre

**Tuesday 31st
March**
Start time: 10am

We are making..
Houmous and Veg Wraps



An opportunity for children to get involved in healthy cooking, and for parents/carers to share healthy recipe ideas for the under 5's.

**For more details call 1st Place on:
0207 740 8070**

- 1st Place Children's Centre, Chumleigh Street, Burgess Park SE5 0RN
- Victory Children's Centre, 46 Rodney Rd, London SE17 1PT
- Aylesbury Health Centre, Taplow House, Thurlow Street, SE17 2UN