



Guy's and St Thomas' 
NHS Foundation Trust
Community Health Services

Children & Young People's Community Speech and Language Therapy Service

Training for parents/carers 2017 - 2018

Training is available to: parents and carers of children and young people in Lambeth and Southwark who are known to the speech and language therapy service.

Sessions are for **parents/carers** only, unfortunately no crèche is available

Check out
EvelinaLondonSLT on
Facebook



All training will be delivered across Lambeth and Southwark
www.evelinalondon.nhs.uk/communityspeechandlanguage

Training Courses 2017

June 2017

8th Makaton Taster Page 10

July 2017

18th Top Tips for Parents starting Reception Page 1

August 2017

9th Makaton Taster Page 10

September 2017

26th Top Tips for Parents starting Reception Page 1

October 2017

18th How to support SLCN at home - Primary Page 1
5th Makaton Taster Page 10

November 2017

8th Lego Therapy Page 8
30th PECS Awareness Page 5

December 2017

7th Makaton Taster Page 10

To book email: gst-tr.contacts@nhs.net

To find out more visit: [www.evelinalondon.nhs.uk/
communityspeechandlanguage](http://www.evelinalondon.nhs.uk/communityspeechandlanguage)

Training Courses 2018

January 2018

19th Using Visuals to Support Communication Page 6

February 2018

26th Makaton Taster Page 10

March 2018

7th Lego Therapy Page 8

15th Talking Mats Page 7

20th How to support SLCN at home-Secondary Page 3

April 2018

26th - 27th Makaton for Parents and Carers Page 9

May 2018

8th How to support SLCN at home - Primary Page 2

10th & 17th Intro to working with Social, Emotional and Mental Health difficulties Page 4

18th Makaton Taster Page 10

July 2018

20th Makaton Taster Page 10

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**FREE training session for parents and carers
Top tips for parents of children with
speech, language and communication needs (SLCN)
starting in Reception class**

Time: 10am - 12pm

Tuesday 18th July 2017

OR

Tuesday 26th September 2017

Venue to be confirmed on booking a place

What we hope you will learn:

- How speech and language therapy services work in schools
- To feel confident in continuing the strategies learnt in early years and community sessions

Recommended for

- Parents / carers of Reception-aged children with speech, language or communication needs who live in Lambeth or Southwark

By the end of the course you will be able to:

- Identify who to speak to in school about your child's speech, language and communication needs
- Understand the universal – targeted- specialist model of speech and language therapy support

**All training is in English
Training for parents / carers only
Unfortunately no crèche is available
Page 1**

**FREE training session for parents and carers
How to support Speech, Language and
Communication development (SLCN) at home
for parents/carers of children in primary school**

Time: 10am-1pm

Wednesday 18th October 2017

OR

Tuesday 8th May 2018

Venue to be confirmed on booking a place

What we hope you will learn:

- To promote quality in parent-child interactions.
- Activities that can be incorporated into daily life to develop speech, language and communication skills.
- Ways to adapt familiar activities/games to match the age and stage of a child's development.

Recommended for

- Parents / carers of Primary School-aged children with speech, language or communication difficulties who live in Lambeth or Southwark

By the end of the course you will be able to:

- Identify situations in your daily routine when you can develop your child's speech, language and communication skills
- Know how to play frequently used speech and language games
- Adapt an activity so that it is appropriate to your child's age and stage of development
- Know other good sources of ideas to support speech, language and communication development
- Know what to do if you are concerned about your child's speech, language and communication development

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Page 2**

FREE training session for parents and carers

How to support Speech, Language and Communication development (SLCN) at home for parents/carers of pupils in secondary school

Time: 4 - 7pm

Tuesday 20th March 2018

Venue to be confirmed on booking a place

What we hope you will learn:

- To promote quality in parent-child interactions.
- To discuss activities that can be incorporated into daily life at home to develop speech, language and communication skills.
- To learn ways to adapt familiar activities/games to match the age and stage of a child's development.

Recommended for

- Parents / carers of secondary school-aged children with speech, language or communication difficulties who live in Lambeth or Southwark

By the end of the course you should be able to:

- Identify situation in their daily routine when they can develop their child's speech, language and communication skills
- Know how to play frequently used speech and language games
- Adapt an activity so that it is appropriate to their child's age and stage of development
- Know other good sources of ideas to support speech, language and communication development
- Know what to do if you are concerned about your child's speech, language and communication development

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Page 3**

FREE training session for parents and carers
An Introduction to working with children who present with Communication, Social, Emotional and Mental Health Difficulties (SEMH) for parents and professionals

A two day course 10am - 4pm and a ½ day Tutorial: 10am - 12pm

Thursday 10th May 2018 AND Thursday 17th May 2018
Tutorial: Thursday 14th June 2018

Venue to be confirmed on booking a place

This course has been developed with the support of the Education Psychology Team

Course Aims/Outline

- To develop an understanding of the links between communication difficulties and SEMH
- To develop the skills to identify communication, social, emotional and mental health difficulties in children
- To explore a range of communication strategies and behaviour strategies

Recommended for

- Class teachers, SENCOs and Support Staff
- Parents are also welcome to attend to find out more about how their children will be supported in school

Entry Requirements

- You will have attended our 'Introduction to Speech and Language Development Course'

By the end of the course you will be able to:

- Understand the relationship between communication difficulties and SEMH
- Identify a range of practical communication strategies
- Identify a range of practical behavioural strategies
- Problem-solve and apply communication and behavioural strategies

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Page 4

FREE training session for parents and carers

PECS Awareness for parents and professionals

Time: 10am - 3.00pm

Thursday 30th November 2017

Venue to be confirmed on booking a place

This is a practical introduction to the Picture Exchange Communication System (PECS).

This awareness day aims to enable you to help your child to use PECS with support from your Speech & Language Therapist or other professionals.

These professionals are fully trained in the implementation of PECS by Pyramid Education Consultants.

Information on the full training provided by Pyramid Education Consultants will be provided on the day. We will discuss all 6 Phases of PECS.

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Page 5**

FREE training session for parents and carers

**Using Visuals to support Communication
for parents and professionals**

A one day course 10am - 3pm and a half day Tutorial 10am - 12pm

Friday 19th January 2018 Tutorial: Friday 9th March 2018

Course Aims/Outline

- Develop basic knowledge of a range of visual support systems including Makaton signing, PECS, Schedules and Communication Books
- Consider their use in routines and class environments
- Learn about adapting your communication style to support children's learning and communication
- Practise and discuss practical strategies in the above areas
- Develop action plan of ideas to implement in own setting

Recommended for

- Teachers, Support staff, Early Years Practitioners and Parents/Carers

By the end of this course you will be able to:

- Understand the purpose of a range of visual support systems and their use to support children's communication at different levels
- Identify how to use visual support systems in a child's environment
- Identify communication strategies that support the communication and physical environment
- Apply strategies to specific case examples
- Produce a plan to implement specific strategies appropriate to own setting

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Page 6**

FREE training session for parents and carers

Talking Mats Training for parents and professionals

Half day course Time: 9.30am - 1.00pm

Thursday 15th March 2018

Venue to be confirmed on booking a place

“**Talking Mats**” is a simple, effective approach that uses picture symbols to help children and young people express their views about topics such as school, home life, hobbies and friends. It is relevant for use with children with a wide range of needs and across a range of settings, for example in schools, nurseries and home.

Course Aims/Outline

- To introduce participants to the background and principles of Talking Mats
- To identify the skills needed to carry out a Talking Mat
- To think creatively about how to use Talking Mats in your own setting

Recommended for

- Parents/ carers, teachers, support staff, SENCOs, and any other professionals who would like a framework for consulting children and young people

Course Objectives

By the end of the course you will be able to:

- Identify and explore relevant topics for a Talking Mat
- Understand and use the Talking Mats framework

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Page 7**

FREE training session for parents and carers Lego Therapy Workshop

A 1½ hour session on the following dates:

Wednesday 8th November 2017 Time: 10 - 11.30am

Wednesday 7th March 2018 Time: 10 - 11.30am

Venue to be confirmed on booking a place

“**Lego Therapy**” is a simple, effective approach that uses Lego to help children and young people develop their attention & listening, turn taking, communication and interaction skills. It is relevant for use with children with a wide range of needs and across a range of settings.

What we hope you will learn:

- The background and principles of Lego Therapy
- To identify the skills needed to carry out Lego Therapy
- To think creatively about how to use Lego Therapy at home

Recommended for

- Parents / carers of children with speech, language or communication difficulties who live in Lambeth or Southwark

By the end of the course you should be able to:

- Carry out a Lego Therapy session with your child
- Think about how the session went, and how to change it next time
- Be able to adapt Lego therapy to meet your child's needs

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Page 8**

Training session for parents and carers

The Makaton Beginners Workshop £25

(Cost is inclusive of course materials)

A two day course

Time: 9.30am - 3.30pm

Thursday 26th April - Friday 27th April 2018

Venue to be confirmed on booking a place

Makaton is a sign and symbol system used to support the development of language in those with communication difficulties.

What we hope you will learn:

- Signs and symbols from stages 1-4 and some additional Makaton core vocabulary
- Ways of using Makaton signs and symbols with your child

Recommended for:

- Parents / carers of children with speech, language or communication difficulties who live in Lambeth or Southwark
- Parents and carers whose child would benefit from the use of Makaton

By the end of the Beginners workshop you should be able to:

- Use stages 1-4 of the Makaton core vocabulary (signs and symbols) with your child

FREE training session for parents and carers

Makaton Taster Sessions for parents and professionals

A 1½ hour session on the following dates:

Thursday 8th June 2017 10 - 11.30am

Wednesday 9th August 2017 1 - 2.30pm

Thursday 5th October 2017 3.30 - 5pm

Thursday 7th December 2017 10 - 11.30am

Monday 26th February 2018 1– 2.30pm

Friday 18th May 2018 3.30 - 5pm

Friday 20th July 2018 10 - 11.30am

Venue to be confirmed on booking a place

This is a fun and interactive session for all interested in learning about Makaton.

What we hope you will learn:

- A general insight into Makaton: What it is and the children for whom it is beneficial
- Approximately 30 signs and symbols
- Basic ideas on how Makaton can be used at home

Recommended for /Entry requirements

- People who are interested in finding out about Makaton
- People with a view to attending a Beginners or Foundation Workshop in the future

For more information about Makaton please go to:

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Page 10**

FREE support sessions for parents and carers

Workshops for parents of school aged children with an autism spectrum disorder.

Attendance at these sessions will give you the opportunity to:

- Understand your child's needs
- Develop strategies along with other parents
- Access specialist support from professionals including a speech and language therapist and clinical psychologist.

The aims of the group are:

- to discuss experiences of having a child newly diagnosed with an autism spectrum disorder
- to discuss what the diagnosis means in relation to your child
- to develop strategies to enhance your child's skills and manage behavioural difficulties.

Each group will be tailored to the needs of the parents attending.

Please email gst-tr.contacts@nhs.net for further information and dates

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Page 11**

FREE support sessions for parents and carers

**Autism and Related Disorders Service (ARDS)
Following a diagnosis
of an autism spectrum disorder,
parents and carers are invited to a support group.**

Attendance at these sessions will give you the opportunity to:

- Understand your child's needs
- Develop strategies along with other parents
- Access specialist support from professionals including a speech and language therapist and clinical psychologist.

The aims of the group are:

- to discuss experiences of having a child newly diagnosed with an autism spectrum disorder
- to discuss what the diagnosis means in relation to your child
- to develop strategies to enhance your child's skills and manage behavioural difficulties.

Each group will be tailored to the needs of the parents attending.

**Please email gst-tr.contacts@nhs.net
for further information and dates**

Please note we are unable to provide crèche facilities, so please make alternative arrangements for childcare.
Crèche facilities may be available through your local Children's Centre. Please contact

Lambeth Families information service on 0845 601 5317 Southwark Families information on 0800 013 0639

All applicants need to make an individual application. Please send your applications to the address below.

If you have any queries regarding any of the courses or the application process, please contact the Course Administration on

Tel: 020 3049 6010 or email: gst-tr.contacts@nhs.net

Parent application Form

Please write clearly and use block capitals

Name: _____

Address: _____

Postcode: _____

Telephone: _____

Email: _____

Or Send this in an email to:

gst-tr.contacts@nhs.net

Including the names and dates of the courses
you wish to attend.

Please write the name and the date of the courses you wish to attend:

Name of course	Date

You will be invoiced once a Makaton Beginners workshop place is booked

Send Applications to:

Email: gst-tr.contacts@nhs.net

or post to:

SLT Course Administration

Mary Sheridan Centre for Child Health,

5 Dugard Way, Kennington,

London SE11 4TH