

## Children & Young People's Community Speech and Language Therapy Service

# Training for Parents/Carers 2018 -2019

**Training is available to: Parents and Carers of children and young people in Lambeth and Southwark who are known to the Speech and Language Therapy service**

Check out our  
Facebook page



All training will be delivered across Lambeth and Southwark  
[www.evelinalondon.nhs.uk/communityspeechandlanguage](http://www.evelinalondon.nhs.uk/communityspeechandlanguage)

# Training Courses 2018

## July 2018

20th Makaton Taster Page 9

## September 2018

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## November 2018

9th PECS Awareness Page 3

26th Lego Therapy Page 6

## December 2018

10th Makaton Taster Page 9

To book email: [gst-tr.contacts@nhs.net](mailto:gst-tr.contacts@nhs.net)

To find out more visit:

[www.evelinalondon.nhs.uk/communityspeechandlanguage](http://www.evelinalondon.nhs.uk/communityspeechandlanguage)

# Training Courses 2019

## January 2019

- 18th How to support SLCN at home - Primary Page 1  
14th Using Visuals to Support Communication Page 4  
24th **\*\*\*NEW\*\*\***  
Supporting children with behavioural feeding difficulties Page 7

## February 2019

- 26th Makaton Taster Page 9

## March 2019

- 14th Accredited Talking Mats Part 1 Page 5

## April 2019

- 23rd Accredited Talking Mats Part 2 Page 5  
25th - 26th Makaton for Parents and Carers Page 9

## May 2019

- 8th Makaton Taster Page 9  
10th & 17th Intro to working with Social, Emotional and Mental Health difficulties Page 2

## July 2019

- 15th Makaton Taster Page 9

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**FREE training session for parents and carers**  
**How to support Speech, Language and Communication development (SLCN) at home for parents/carers of children in primary school**

Time: 10am-1pm

Friday 18th January 2019

Venue to be confirmed on booking a place

**What we hope you will learn:**

- Learn about activities that can be carried out in daily life to develop speech, language and communication skills.
- Find ways to adapt familiar activities/games to match the age and stage of a child's development.

**Recommended for**

- Parents / carers of Primary School-aged children with speech, language or communication difficulties who live in Lambeth or Southwark

**By the end of the course you will be able to:**

- Identify situations in your daily routine when you can support and develop your child's speech, language and communication skills
- Explore how to play frequently used speech and language games
- Adapt an activity so that it is appropriate to your child's age and stage of development
- Find out about other good sources of ideas to support speech, language & communication development
- Know what to do if you are concerned about your child's speech, language



**All training is in English**  
**Unfortunately no crèche is available**  
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**FREE training session for parents and carers**  
**An Introduction to working with children who**  
**present with Communication, Social, Emotional and**  
**Mental Health Difficulties (SEMH)**  
**for parents and professionals**

A two day course 10am - 3.30pm and a half day Tutorial: 10am - 12.30pm

Friday 10th May 2019 and Friday 17th May 2019

Tutorial: Friday 14th June 2019

Venue to be confirmed on booking a place

This course has been developed with the support of the Education Psychology Team

**Course Aims/Outline**

- To develop an understanding of the links between communication difficulties and SEMH
- To develop the skills to identify communication, social, emotional and mental health difficulties in children
- To explore a range of communication strategies and behaviour strategies

**Recommended for**

- Class teachers, SENCOs and Support Staff
- Parents are also welcome to attend to find out more about how their children will be supported in school

**By the end of the course you will be able to:**

- Understand the relationship between communication difficulties and SEMH
- Identify a range of practical communication strategies
- Identify a range of practical behavioural strategies
- Problem-solve and apply communication and behavioural strategies



**All training is in English**  
**Unfortunately no crèche is available**  
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# FREE training session for parents and carers PECS Awareness for parents and professionals

Date: Friday 9th November 2018

Time: 10am - 3pm

A one day course

Venue to be confirmed on booking a place

This is a practical introduction to the Picture Exchange Communication System (PECS).

This awareness day aims to enable you to help your child to use PECS with support from your Speech & Language Therapist or other professionals.

These professionals are fully trained in the implementation of PECS by Pyramid Education Consultants.

Information on the full training provided by Pyramid Education Consultants will be provided on the day. We will cover all 6 Phases of PECS.

 I want		 I see		 thank you	
 drink	 biscuit	 apple	 cake	 crisps	 banana
 book	 sand	 bricks	 pens	 farm	 puzzle
 shoe	 jumper	 trousers	 coat	 sock	 hat

All training is in English  
Unfortunately no crèche is available  
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## **FREE training session for parents and carers Using Visuals to support Communication for parents and professionals**

A one day course 10am - 3pm and a half day Tutorial

Date: **Monday 14th January 2019** Time: 10am - 3pm

Tutorial Date: **Monday 11th March 2019** Time: 10am - 12pm

**Venue to be confirmed on booking a place**

### **Course Aims/Outline**

- Develop basic knowledge of a range of visual support systems including Makaton signing, PECS, Schedules and Communication Books
- Consider their use in routines and class environments
- Learn about adapting your communication style to support children's learning and communication
- Practise and discuss practical strategies in the above areas
- Develop action plan of ideas to implement in own setting

### **Recommended for**

- Teachers, Support Staff, Early Years Practitioners and Parents/Carers

### **By the end of this course you will be able to:**

- Understand the purpose of a range of visual support systems and their use to support children's communication at different levels
- Identify how to use visual support systems in a child's environment
- Identify communication strategies that support the communication and physical environment
- Apply strategies to case examples
- Produce a plan to implement strategies appropriate to own setting



**All training is in English  
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## **FREE training session for parents and carers** **Accredited Talking Mats Training for parents and professionals**

2 half days Time: 9.30am - 1pm

**Thursday 14th March 2019**  
**and**  
**Tuesday 23rd April 2019**

“**Talking Mats**” is a simple, effective approach that uses picture symbols to help children and young people express their views about topics such as school, home life, hobbies and friends. It is relevant for use with children with a wide range of needs and across a range of settings, for example in schools, nurseries and home.

### **Course Aims/Outline**

- To introduce participants to the background and principles of Talking Mats
- To identify the skills needed to carry out a Talking Mat
- To think creatively about how to use Talking Mats in your own setting

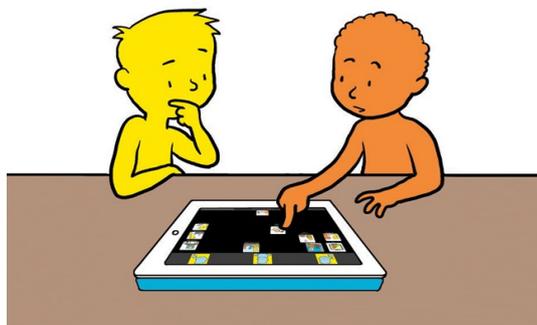
### **Recommended for**

- Parents/Carers, Teachers, Support Staff, SENCOs, and any other professionals who would like a framework for consulting children and young people

### **Course Objectives**

By the end of the course you will be able to:

- Identify and explore relevant topics for a Talking Mat
- Understand and use the Talking Mats framework



**All training is in English**  
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## **FREE training session for parents and carers Lego Therapy Workshop**

A 1½ hour session on the following dates:

Time: 10 - 11.30am

Monday 26th November 2018

**Venue to be confirmed on booking a place**

“**Lego Therapy**” is a simple, effective approach that uses Lego to help children and young people develop their attention & listening, turn taking, communication and interaction skills. It is relevant for use with children with a wide range of needs and across a range of settings.

### **What we hope you will learn:**

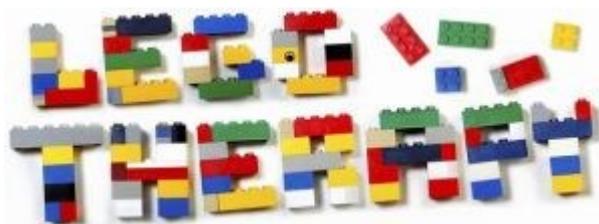
- The background and principles of Lego Therapy
- To identify the skills needed to carry out Lego Therapy
- To think creatively about how to use Lego Therapy at home

### **Recommended for**

- Parents/carers of children with speech, language or communication difficulties who live in Lambeth or Southwark

### **By the end of the course you should be able to:**

- Carry out a Lego Therapy session with your child
- Think about how the session went, and how to change it next time
- Be able to adapt Lego therapy to meet your child’s needs



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# **FREE training session for parents and carers Supporting children with behavioural feeding difficulties**

**\*\*\*NEW COURSE\*\*\***

Time: 9.30am - 12.30pm

Thursday 24th January 2019

Venue to be confirmed on booking a place

## **Course Outline:**

- To develop an understanding of the causes and maintaining factors of behavioural feeding difficulties.
- To equip staff and parents with knowledge and skills to support children and young people more effectively with behavioural feeding difficulties/extreme fussy eaters.

## **Recommended for:**

- Class teachers, SENCOs, Support staff, Parents/Carers, other professionals

## **Course Materials:**

- Hand-outs
- Certificate

## **Course Objectives**

At the end of the course participants will be able to:

- Understand the causes and maintaining factors in a behavioural feeding difficulty.
- Identify a range of practical strategies to support a child/young person with a behavioural feeding difficulty in different meal time contexts.
- Understand the importance of meal time structure/routine
- Know how to access further support in this area

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Unfortunately no crèche is available  
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## **Training session for parents and carers**

### **The Makaton Beginners Workshop £25**

(Cost is inclusive of course materials)

A two day course

Time: 9.30am - 3.30pm

Thursday 25th April - Friday 26th April 2019

**Venue to be confirmed on booking a place**

**Makaton is a sign and symbol system used to support the development of language in those with communication difficulties.**

#### **What you will learn:**

- Signs and symbols from stages 1-4 and some additional Makaton core vocabulary
- Ways of using Makaton signs and symbols with your child

#### **Recommended for:**

- Parents and carers of children with speech, language or communication difficulties who live in Lambeth or Southwark
- Parents and carers whose child would benefit from the use of Makaton

#### **By the end of the Beginners workshop you will be able to:**

- Use stages 1-4 of the Makaton core vocabulary (signs and symbols) with your child



**All training is in English  
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## **FREE training sessions for parents and carers**

### **Makaton Taster Sessions for parents and professionals**

A 1½ hour session on the following dates:

**Friday 20th July 2018 10 - 11.30am**

**Thursday 27th September 2018 10 - 11.30am**

**Monday 10th December 2018 1-2.30pm**

**Tuesday 26th February 2019 3-4.30pm**

**Wednesday 8th May 2019 10-11.30am**

**Monday 15th July 2019 - 3.30 - 5pm**

**Venue to be confirmed on booking a place**

This is a fun and interactive session for all interested in learning about Makaton.

#### **What you will learn:**

- A general insight into Makaton: what it is and the children for whom it is beneficial
- Approximately 30 signs and symbols
- Basic ideas on how Makaton can be used at home

#### **Recommended for:**

- People who are interested in finding out about Makaton
- People with a view to attending a Beginners or Foundation Workshop in the future



**All training is in English  
Unfortunately no crèche is available  
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**FREE support sessions for parents and carers**

**Workshops for parents of school aged children with an autism spectrum disorder.**

**Attendance at these sessions will give you the opportunity to:**

- Understand your child's needs
- Develop strategies along with other parents
- Access specialist support from professionals including a speech and language therapist and clinical psychologist.

**The aims of the group are:**

- to share experiences of having a child newly diagnosed with an autism spectrum disorder
- to discuss what the diagnosis means in relation to your child
- to develop strategies to enhance your child's skills and manage behavioural difficulties.

Each group will be tailored to the needs of the parents attending.

**Please email [gst-tr.contacts@nhs.net](mailto:gst-tr.contacts@nhs.net)  
for further information and dates**



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**FREE support sessions for parents and carers**

## **Autism and Related Disorders Service (ARDS)**

**Following a diagnosis of an autism spectrum disorder, parents and carers are invited to a support group.**

**Attendance at these sessions will give you the opportunity to:**

- Understand your child's needs
- Develop strategies along with other parents
- Access specialist support from professionals including a speech and language therapist and clinical psychologist.

### **The aims of the group are:**

- to share experiences of having a child newly diagnosed with an autism spectrum disorder
- to discuss what the diagnosis means in relation to your child
- to develop strategies to enhance your child's skills and manage behavioural difficulties.

Each group will be tailored to the needs of the parents attending.

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Please note we are unable to provide crèche facilities, so please make alternative arrangements for childcare.  
 Crèche facilities may be available through your local Children's Centre. Please contact:  
**Lambeth Families information service on 0845 601 5317 Southwark Families information on 0800 013 0639**  
 All applicants need to make an individual application. Please send your applications to the email or address below.  
 If you have any queries regarding any of the courses or the application process, please email:  
[gst-tr.contacts@nhs.net](mailto:gst-tr.contacts@nhs.net) and/or [sharon.brown@gstt.nhs.uk](mailto:sharon.brown@gstt.nhs.uk)

**\*\*\*DEADLINE FOR ALL APPLICATIONS IS 7 DAYS BEFORE THE COURSE DATE\*\*\***

<p align="center"><b>Parent application form</b></p> <p align="center">Please write clearly and use <b>BLOCK CAPITALS</b></p> <p>Name: _____</p> <p>Address: _____</p> <p>Postcode: _____</p> <p>Telephone: _____</p> <p>Email: _____</p> <p align="center"><b>email to:</b></p> <p align="center"><a href="mailto:gst-tr.contacts@nhs.net">gst-tr.contacts@nhs.net</a> and/or  <a href="mailto:sharon.brown@gstt.nhs.uk">sharon.brown@gstt.nhs.uk</a></p> <p align="center"><b>Include the names and dates of the courses          you wish to attend.</b></p>	<p align="center">Please write the name and the date of the courses you wish to attend:</p> <table border="1" style="width: 100%;"> <thead> <tr> <th align="center" style="width: 80%;">Name of course</th> <th align="center" style="width: 20%;">Date</th> </tr> </thead> <tbody> <tr><td> </td><td> </td></tr> </tbody> </table>	Name of course	Date																
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You will be invoiced once a Makaton Beginners workshop place is booked

Send applications to:

**Email:** [gst-tr.contacts@nhs.net](mailto:gst-tr.contacts@nhs.net) and/or [sharon.brown@gstt.nhs.uk](mailto:sharon.brown@gstt.nhs.uk)  
 or post to:

**Sharon Brown - SLT Course Administration**  
**Sunshine House**  
**27 Peckham Road**  
**London**  
**SE5 8UH**