

Your school nurse would like to ask you some questions about your health and wellbeing.

NAME:

DATE of BIRTH:

School:

What you say to your school nurse is **PRIVATE** but sometimes other people need to know what you have said to help you. Your school nurse will try to talk to you before sharing anything you say.

I have **health worries** that might stop me from going to school or makes lessons difficult.
If **yes**, what illnesses? Write here

Yes No

I have medicine that I need during school hours or keep in school, for emergencies. Examples: inhaler, adrenaline pen.

Yes No

I look after someone in my home, and I am needed to help at home more than other young people.

Yes No

I have worries about my safety at home, or school, or when I am out and about or online.

Yes No

I worry about how I look so I change what I do, or stop doing things.

Yes No

I would like to talk to the school nurse about my growth (height or weight) and/or being active and what I eat.

Yes No

I find it hard to sleep so I may be late for school, and at times unable to concentrate.

Yes No

I, or people I know have been pressured to do things we do not want to do, like smoking or drinking alcohol.

Yes No

Please turn over

Remember what you say is PRIVATE

How are you doing? How are things going in your life?
(based on your answers to the questions asked)
Please mark on the scale to let us know.

The closer to the smiley face, the better things are.
The closer to the frowny face, things are not so good.

Me

(How am I doing?)



Family

(How are things in my family?)



School

(How am I doing at school?)



Everything

(How is everything going?)



Thank you for completing this form.

The school nurse can speak to you about your health, feelings, growing up, puberty and any other questions you have.

1. The school nurse may contact you in the next month to speak to you privately, in school.
2. If you would like to speak to the school nurse you can arrange a 1:1 or text a question confidentiality using **ChatHealth** (see card for details).
3. You can see also your school nurse at the School Drop-In.

