



To find a GP, dentist or other local health service, or learn about common symptoms and illnesses, look online at www.nhs.uk

A&E NHS Direct Evelina
GP pharmacist emergency
urgent care minor injuries
community services dentist
NHS Direct primary care
self care GP www.nhs.uk
dentist Evelina pharmacist
emergency NHS urgent care
minor injuries...

Guy's and St Thomas' wants to help you choose the right care

Unwell?

Get health advice 24 hours a day from **NHS Direct**. Ring **0845 46 47** or text phone **0845 606 46 47**.

Visit a **pharmacy** to ask about common conditions, including minor infections, aches, colds and allergies, and medication.

Your **GP** or **dentist** may be a better choice than a busy A&E. Use SELDOC out-of-hours GP service, when your surgery is shut – ring **020 8693 9066**.

Our **minor injuries unit** treats fractures, cuts and sprains. You may be seen quicker than in A&E, where staff are dealing with serious emergencies.

Dial **999** or go to **A&E** if there's a health emergency, such as choking, chest pain, stroke, serious blood loss, or blackouts, or a life-threatening injury.

Health emergencies or urgent care

Accident and emergency (A&E), St Thomas'

Open 24 hours every day.

Minor injuries unit, Guy's Hospital

Open 8.00am-3.15pm every day.

From mid-2012 this will be an urgent care centre, treating a wider range of conditions, 8.00am-8.00pm.

Emergency gynaecology unit, St Thomas'

Open 8.30am-7.00pm, Monday to Friday/9.30am-3.15pm at weekends for gynaecological or early pregnancy problems. Ring **020 7188 0864** beforehand.

Eye casualty, St Thomas'

Open 8.45am-4.00pm, Monday to Friday.

Pharmacy medicines helpline

Ring **020 7188 8748**, 9.00am-5.00pm, Monday to Friday.

Sexual health clinics (Lydia, St Thomas, and Lloyd, Guy's)

See www.gsttsexualhealth.org.uk for opening times or ring **020 7188 6666**. (Lydia clinic moves to Burrell Street in 2012).