

PIFU to discharge

We are confident that your child's condition is stable and that you can help them self-manage at this time. Your child will be discharged from the service, but if their condition changes, you can start (initiate) follow-up by contacting us. This is known as patient initiated follow-up (PIFU).

What is PIFU?

PIFU allows you to arrange follow-up with your child's medical team for a set time after they have been discharged. We are no longer giving routine follow-up appointments that might not be needed. Instead, we are asking you to contact the team directly to arrange follow-up appointments to access the care, if and when your child needs them. You can book a PIFU appointment at any time during the set PIFU time.

How to activate a PIFU appointment

You can contact the team using the details below and an appointment will be made, as needed.

PIFU at Evelina London

When to contact the service

After being discharged from the team, you can arrange PIFU appointments for your child within the agreed months or years.

Please contact us if your child's having a flare of their condition.

How to contact the service

We are committed to being easy to contact when you need us. When activating a PIFU appointment please contact us:

- **email** PaediatricAppointment@gstt.nhs.uk
- **phone** 020 7188 4000

Getting an appointment after the PIFU set time

If the set PIFU time has passed, your child will need to be re-referred to the team through their GP.

When to get care at other times

If your child needs urgent medical advice you should contact their GP or NHS 111. If they are really unwell, they should go to the nearest emergency department (A&E). For all other concerns, or if they are feeling unwell with a different condition, they should still see their GP.

More information about PIFU is available at [web](http://www.guysandstthomas.nhs.uk) www.guysandstthomas.nhs.uk