

# Sky cardiology unit

**There are 2 units on the Sky floor, which is the 6<sup>th</sup> floor at Evelina London Children's Hospital. This information is about the cardiology unit (the other unit is critical care). If you have any questions, please speak to a doctor or nurse caring for your child.**

Sky cardiology unit has 18 beds for cardiac patients. Six of these are high-dependency beds for children who need the most care.

## Access to Sky cardiology unit

You can get to Sky cardiology by using the moon lift or the big lift, from the ground floor of the hospital. For the safety and security of all the children, our unit is locked. Staff use cards to enter, but there is an intercom for all visitors. Please say clearly the name and bed number of the patient you are here to see, when asked.

Please use the alcohol gel located at the entrance door to Sky Ward, or wash your hands when you enter or leave the ward area. This helps to minimise the risk of infection.

## Visting times for parents or carers

We encourage parents or carers to stay with their child on Sky cardiology at all times, but we only allow 1 parent or carer to stay overnight.

Each bed space has a built-in bed for a parent, which must be put away 9am. It is important to keep bed-side curtains open for visibility and only close them when washing, having, procedures or breastfeeding. There are bathrooms with shower facilities in each bay, and we can provide towels.

We provide a limited amount of storage for your personal belongings. Please do not leave your valuables unattended as we are not responsible for any damage or loss. This includes mobile phones and other devices.

We try to keep night-time noise to a minimum, to provide good sleep for patients and parents. We also ask you to minimise going in and out of the ward between 10pm and 6am. Overnight the intercom can't be answered quickly because the nurses are providing care, and the reception is closed.

If you need to take phone calls after 8pm, please use the parent's room. Ear phones are provided if you would like to watch TV after 8pm.

## Visiting times for other family and friends

You can visit the ward between 2pm and 7pm, but we do ask for visitors to be kept to a minimum at mealtimes. We allow a maximum of 2 visitors to each bed space at any time. This includes parents, and is hospital policy. If anyone else will be visiting, you will need to tell us, or they will not be able to get in.

## The medical team

The nurses change shifts between 7.30 and 8am, and 7.30 and 8pm. During this time we ask you not to distract them, unless necessary, so that the handover from nurse to nurse is comprehensive and safe.

At the start of each shift you will be allocated a bedside nurse who will introduce themselves to you and write their name on the '#Hello my name is ...' board beside your child's bed. There will also be a bay lead nurse, who manages your child's bay. If your allocated nurse is not available, please ask another member of the team for help.

- For standard care, 1 nurse will look after 3 to 4 patients
- For high-dependency care, 1 nurse will look after 2 patients.

The medical team do their ward round every morning, at about 9:40am. The team will consist of that weeks' consultant (please note this is not necessarily your child's consultant), a specialist registrar (SpR), a senior house officer (SHO), and the nurse in charge (or your child's bay lead nurse or bedside nurse).

There are often medical students on the round learning about children's cardiology. The ward round is mainly for the doctors, although you might be asked questions so it is important that you are there. If you would like to discuss your child's care in more detail with the medical team, please let a doctor or your bedside nurse know, so a meeting can be set up to allow adequate time for discussion.

## Mealtimes

Mealtimes are:

- breakfast, 8.30am to 9am
- lunch, midday to 12:30pm
- dinner, 5 to 6pm

At these times clinical procedures will be avoided if possible.

Meals are provided for patients, pregnant and people who are breastfeeding.

The meals are given by the food service assistants, and they can also give you a menu.

If your child has any special dietary requirements, please speak to the food service assistant.

## Breastfeeding

We have an expressing room where you can find expressing pumps available.

## Parents' room

We have a parents' room by the reception desk. This has hot water, a toaster, fridge and microwave, and we provide tea, coffee, milk, bread and some condiments for free. You can store any of your own food in the fridge, but please label items with the date, the patient's name and their bed number. You must remove anything you've kept in the parents' room when your child leaves hospital.

## The quiet room

This can be used for a quiet time away from the ward.

## Playroom

We have a playroom, where toys are available. Our play specialist can support your child's stay, and also use play to make sure your child can be treated. Any children visiting (including family) must be supervised at all times when using playroom.

## Buggy storage

There is a buggy storage space at the entrance to the Sky Ward. Please use this space or keep your buggy with you at your accommodation, and only bring it onto the ward on the day you need it.

## Phone and device chargers

You **must not** use the sockets on the grey panel at your child's bedside. These are only for use of medical equipment.

Only chargers that have been PAT tested by the hospital are allowed to be used on the ward. If you want to use your charger, please tell the nurse and they will arrange for it to be PAT tested.

**Your comments and suggestions** are always welcomed. We have a ward sister and senior nursing staff available for you to discuss any immediate concerns.

We value your comments and suggestions, so that we can improve our service. Please complete the patient feedback form when your child is discharged.

### Contact us

If you need an interpreter or information about your child's care in a different language or format, please contact the department where they have the appointment. The contact details will be on your child's appointment letter

For more information on conditions, procedures, treatments and services offered at our hospitals, please visit [web](http://www.evelinalondon.nhs.uk/leaflets) [www.evelinalondon.nhs.uk/leaflets](http://www.evelinalondon.nhs.uk/leaflets)

## Evelina London medicines helpline

If you have any questions or concerns about your child's medicines, please speak to the staff caring for them or contact our helpline, [phone](tel:02071883003) 020 7188 3003, Monday to Friday, 10am to 5pm

## Language and accessible support services

If you need an interpreter or information about your child's care in a different language or format, please contact the department where they have the appointment.



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