



# Children's neurorehabilitation

**Snow Leopard neurorehabilitation unit  
at Evelina London Children's Hospital**

showing  
we **Care**

The children's neurorehabilitation unit is based on Snow Leopard ward in South wing of St Thomas' Hospital.

We offer personalised inpatient rehabilitation to children and young people up to 16 years of age, with newly acquired brain injuries. Patients usually stay for between 2 and 8 weeks, but depends on their needs.

## **What Snow Leopard can offer**

We focus on helping children and young people develop, or regain, skills to minimise the effects of a brain injury on their everyday life. We develop personalised packages of rehabilitation with the patients and their families.

The program is based on goals that are important for the individual patient. This means that every patient's rehabilitation journey will look different.

We actively monitor the patient's experience of rehabilitation, and their progress towards their goals, during the programme. We change or adapt activities to maximise engagement, and make sure that the programme is as useful as possible for them and their family.

## The Snow Leopard team

Our unit is multidisciplinary, which means it is made up of different professionals who work closely together to make sure we give the most helpful package of care to children and families.

Our team includes:

- speech and language therapists
- physiotherapists
- occupational therapists
- clinical psychologists
- specialist doctors and consultants
- play specialists
- nurses and nursing assistants

There is also a school at Evelina London and, if appropriate, classroom lessons or sessions with the teachers will be included in a patient's rehabilitation program.

We also have close links with many other medical and therapy teams at Evelina London.

## The referral process

We receive referrals from your current therapy team. If it is decided that a patient would benefit from admission, we will arrange a phone call with the patient's family, and members of their current therapy team.

During this meeting we will:

- give more detailed information about how the unit works and the typical structure of admission
- talk with the patient and their family about suitable goals that they want to achieve
- consider the ways family members can best support the patient during the admission
- consider any extra information or support the patient or family members might need

After this meeting, we will decide if the referral will be accepted or not. If the referral is accepted, parents or carers are asked to sign a rehabilitation agreement confirming that they agree to the admission.

If you think your child, or a child you are caring for, would benefit from neurorehabilitation, or if you have any general enquiries about our service, please contact us, **phone** 020 7188 0107, **email** [gst-tr.paedsneurorehab@nhs.net](mailto:gst-tr.paedsneurorehab@nhs.net)

## Support and more information

**Child Brain Injury Trust,**

**web** [www.childbraininjurytrust.org.uk](http://www.childbraininjurytrust.org.uk)

**Encephalitis Society,**

**web** [www.encephalitis.info](http://www.encephalitis.info)

**Headway – Brain Injury Association,**

**web** [www.headway.org.uk](http://www.headway.org.uk)

**Stroke Association,**

**web:** [www.stroke.org.uk](http://www.stroke.org.uk)

### Contact us

If you have any questions or concerns about paediatric neurorehabilitation, please contact us, **phone** 020 7188 0107, Monday to Friday, 9am to 5pm. Out of hours, please contact Snow Leopard unit, **phone** 020 7188 0107.

For more information on conditions, treatments and services offered at our hospitals, please visit

**web** [www.evelinalondon.nhs.uk/leaflets](http://www.evelinalondon.nhs.uk/leaflets)

### Evelina London Medicines Helpline

If you have any questions or concerns about your child's medicines, please speak to the staff caring for them or contact our helpline, **phone** 020 7188 3003, Monday to Friday, 10am to 5pm

**email** [letstalkmedicines@gstt.nhs.uk](mailto:letstalkmedicines@gstt.nhs.uk)

## **Your comments and concerns**

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS), **phone** 020 7188 8801 **email** [pals@gstt.nhs.uk](mailto:pals@gstt.nhs.uk). To make a complaint contact the resolution department **phone** 020 7188 3514 **email** [complaints2@gstt.nhs.uk](mailto:complaints2@gstt.nhs.uk)

## **Language and accessible support services**

If you need an interpreter or information about your care in a different language or format, please get in touch, **phone** 020 7188 8815 **email** [languagesupport@gstt.nhs.uk](mailto:languagesupport@gstt.nhs.uk)

## **NHS 111**

This service offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day, **phone** 111 **web** [www.111.nhs.uk](http://www.111.nhs.uk)

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