



Children's neurorehabilitation

**Snow Leopard Neurorehabilitation Unit,
Evelina London Children's Hospital**

showing
we **care**

The Children's Neurorehabilitation Unit at Evelina London Children's Hospital is based on Snow Leopard Ward in the South Wing of St Thomas' Hospital.

We offer a six-week programme of inpatient rehabilitation to children and young people up to 16 years of age, with brain and spinal cord injuries.

What does Snow Leopard Unit offer?

Our focus is on helping children and young people to develop or regain skills to minimise the impact of a brain or spinal cord injury on their everyday life. We develop personalised packages of rehabilitation in collaboration with our patients and their families. The program is based on goals that are important for the individual patient. This means that no two patient's rehabilitation journeys will ever look the same.

We actively monitor the patient's experience of rehabilitation and progress towards their goals during the programme. We change or adapt activities to maximise engagement and make sure that the admission is as useful as possible for them and their family.

Who is in the team?

Our unit is multidisciplinary, which means it is made up of different professionals who all work closely together to make sure we are providing the most helpful package of care to children and families.

Our team includes:

- speech and language therapists
- physiotherapists
- occupational therapists
- clinical psychologists
- specialist doctors and consultants
- play specialists
- nurses and nursing assistants.

There is also a school within Evelina London and, if appropriate, classroom lessons or sessions with the teachers will be included in a patient's rehabilitation program.

We also have close links with many other medical and therapy teams at Evelina London.

The referral process

After a patient is referred to the unit and it is decided by us that they could benefit from admission, a meeting with the family and members of the neurorehabilitation or ward team will be arranged.

During this meeting we will aim to:

- give more detailed information about the way the unit works and the typical structure of admission
- think carefully with a patient and their family about suitable goals that they want to achieve
- consider the ways in which family members can best support the patient during the admission
- consider any additional information or support the patient or family members may need.

After this, parents/carers are asked to sign a rehabilitation agreement confirming that they agree to the admission.

If you think your child, or a child you are caring for, would benefit from neurorehabilitation, or if you have any general enquiries about our service, please contact us, **t:** 020 7188 0107.

Useful sources of information

Child Brain Injury Trust,

w: www.childbraininjurytrust.org.uk

Encephalitis Society,

w: www.encephalitis.info

Headway – Brain Injury Association,

w: www.headway.org.uk

Stroke Association,

w: www.stroke.org.uk

Contact us

If you have any questions or concerns about paediatric neurorehabilitation, please contact the therapy team, **t:** 020 7188 0107, Monday to Friday, 9am-5pm. Out of hours, please contact Snow Leopard unit, **t:** 020 7188 0107.

For more information leaflets on conditions, treatments and services offered at our hospitals, please visit **w:** www.evelinalondon.nhs.uk/leaflets

Evelina London Medicines Helpline

If you have any questions or concerns about your child's medicines, please speak to the staff caring for them or contact our helpline.

t: 020 7188 3003, Monday to Friday, 10am-5pm

e: letstalkmedicines@gstt.nhs.uk

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS)

e: pals@gstt.nhs.uk

t: 020 7188 3514 (complaints)

e: complaints2@gstt.nhs.uk

Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch. **t:** 020 7188 8815

e: languagesupport@gstt.nhs.uk

NHS 111

Offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day.

t: 111 **w:** www.111.nhs.uk

Leaflet number: 4888/VER1

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A list of sources is available on request



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