

## Where do I need to go?

The preadmission clinic will take place on Walrus outpatients, 1<sup>st</sup> floor, Evelina London Children's Hospital.

## What do I need to bring with me?

Please bring all medications that you take regularly.

If you are on a special diet, please bring food/milk for the first two days as we are unlikely to be able to order special food/milk within this time.

## For Parents

If your child is under five years old, please bring their red book.

Please bring an overnight bag for you and your child in case they need to stay on the ward the night after their procedure.

## Contact us

If you have any questions or concerns, please contact us:  
Savannah ward Tel. 020 7188 8849

## Further information

### Evelina London Medicines Helpline

If you have any questions or concerns about your child's medicines, please speak to the staff caring for them or contact our helpline.

**t:** 020 7188 3003 10am to 5pm, Monday to Friday

**e:** letstalkmedicines@gstt.nhs.uk

### Patient Advice and Liaison Service (PALS)

To make comments or raise concerns about the Trust's services, please contact PALS.

**t:** 020 7188 8801 at St Thomas'

**t:** 020 7188 8803 at Guy's **e:** pals@gstt.nhs.uk

### Knowledge & Information Centre (KIC)

For more information about health conditions and local services, please visit the KIC on the Ground Floor, North Wing, St Thomas' Hospital.

**t:** 020 7188 3416

### Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch on

**t:** 020 7188 8815 **fax:** 020 7188 5953

### NHS Choices

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health.

**w:** www.nhs.uk

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# Savannah Camel Cardiac MRI Preadmission Clinic

## Welcome to preadmission

The Paediatric cardiology team are looking forward to meeting you and your family. Here is some information about the cardiac preadmission clinic at Evelina London Children's Hospital.

## What is the preadmission clinic?

This is an outpatient appointment to prepare you and your family for your Cardiac MRI procedure and hospital stay. It checks that you are fit and well for the procedure.

The preadmission appointment has to be carried out at least a day before the procedure although it can also be done at anytime during the week before the procedure. Please allow up to four hours for all tests to be completed.

## What is the aim of the appointment?

By carrying out tests and investigations prior to the day of the procedure, results will be available in plenty of time reducing the risk of cancellation, avoiding delays and enabling tests to be repeated if necessary.

## What happens at the preadmission clinic?

You will meet the preadmission nurse, doctors and play specialist. They will take your medical history and any other information needed before you are admitted to hospital.

The preadmission nurse will explain what will happen before and after your procedure, and you will be seen by the cardiac doctor carrying out

the procedure. You and your family will be able to ask any remaining questions about it and you and your family will be asked to give permission by signing the consent form.

All patients are also seen by the anaesthetist before their procedure, either at preadmission or on the day. The anaesthetist will explain the types of anaesthesia that are used at the hospital and the options for pain relief before and after the procedure. You can have a leaflet regarding anaesthesia.

## Tests you may need

Heart Scan (**ECHO**).

Electrocardiograph (**ECG**) if not had one here within the last three months.

**Chest X-ray** if respiratory symptoms.

Various **blood tests**

These will be discussed with you and your family as they depend on your cardiac condition and medications you may be taking. You can have anaesthetic (numbing) cream put on before the bloods are taken.

Blood tests can include some or all of the following:

- FBC- full blood count, to check if you have a low or high number of red blood cells
- U&Es-urea and electrolytes to check your kidneys are working properly
- Clotting-to check how long it takes the blood to clot

The preadmission nurse will also do routine infection screening swabs for all patients admitted to the hospital. In accordance with

hospital policy, all female patients over 12 years of age will undergo a pregnancy test.

## After the appointment

You should not have anything to eat during the six hours before your procedure. You can drink water up to two hours before your procedure. Exact times will be explained to you by the preadmission nurse.

If there is no requirements for you to stay on Savannah ward the night before the procedure, you may have accommodation booked at Gassiot house, which is on hospital grounds, or the Counting House at Guy's Hospital. The preadmission nurse will give you information where to go and when to return to hospital.

### Gassiot House Lodge

Only a short walk from the main entrance of the hospital, please refer to the St Thomas' Hospital map.

**t:** 0207 188 0276

### Guys Counting House Lodge

Counting House, Guy's Hospital

Great Maze Pond

London

SE1 9RT

**t:** 0207 188 0474

There is a shuttle bus which operates between Monday-Friday between the two sites, which you can pick up from either Guy's – at the lay-by adjacent to Nuffield House or at St Thomas' – outside the Florence Nightingale Museum. The frequency of the buses is approximately every 10-15 minutes but there is no set timetable