

Children's Community Occupational Therapy

The Child Development
Clinic

What is the child development clinic?

The Child Development Clinic is one of the clinics run by the Children's Community Occupational Therapy team at the Mary Sheridan Centre.

What is occupational therapy?

Occupational therapists work with a child to develop their daily skills and to enable them to be as independent as possible.

Who is the clinic for?

The Child Development Clinic is a service provided for your child. The clinic is a one-off appointment where advice can be given around improving your child's daily living activities. As well as this, your child's occupational therapy programme can be reviewed and updated. The clinic can be used to discuss overall development, or to offer suggestions on how to tackle a particular area of concern.

How long will my child have to wait for an appointment?

The clinic runs once a month. We aim to see children within 18 weeks of referral. The clinic dates tend to be fixed therefore there is little flexibility to

accommodate appointments at other times, however, if it is impossible for you to attend at the allocated time, please contact the department.

How to refer to the clinic?

Referrals can be made by your child's nursery, school, GP or other health professionals involved in your child's care. Once your child is known to the clinic, you can request a review by telephoning the department.

What happens at the appointment?

At the start of the appointment, the occupational therapist will gather information around your child's daily living activities and any concerns that you or your child might have. The occupational therapist will then assess your child's current individual ability in order to offer advice about how to develop your child's skills. This assessment may be done through observation, play, carrying out specific tasks or through a standardised assessment.

How long will the session last?

The session will last around one hour.

Should we bring anything in particular?

Your child will need to attend the appointment with you. There is nothing in particular that you need to bring however, if you have any correspondence or letters that you feel would be useful to show the occupational therapist please bring these with you.

Following the initial appointment, will my child be seen again?

It will be the family's responsibility to trial the advice provided by the occupational therapist for a set period of time. It will be the parent or carer's responsibility to contact the department when you need further advice from an occupational therapist - you can contact the department on 0203 049 6020.

Useful sources of information

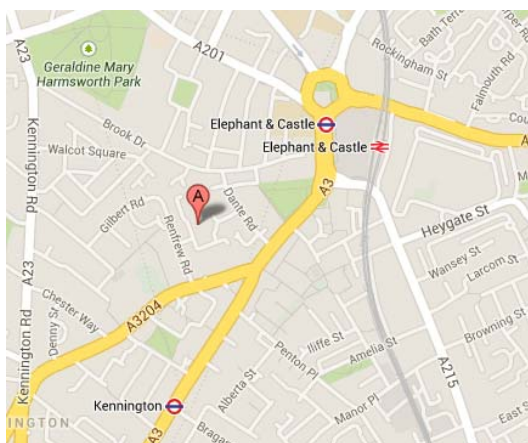
Guy's and St Thomas' children's community occupational therapy service work with parents and children to enable your child to be as independent as possible in self-care, school work and play.

t: 0203 049 6020

e: gst-tr.evelinacommunityreferrals@nhs.net

w: www.gstt.nhs.uk/childrensoccupationaltherapy

How to find us



Mary Sheridan Centre
5 Dugard Way
Kennington
London
SE11 4TH

Contact us

If you have any questions or concerns please contact the occupational therapy admin team on 0203 049 6020 (Monday to Friday, 9am to 5pm) and ask for the therapist that runs the clinic.

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.evelinalondon.nhs.uk/leaflets

Evelina London Medicines Helpline

If you have any questions or concerns about your child's medicines, please speak to the staff caring for them or contact our helpline.

t: 020 7188 3003 10am to 5pm, Mon to Fri

e: letstalkmedicines@gstt.nhs.uk

Patient Advice and Liaison Service (PALS)

To make comments or raise concerns about the Trust's services, please contact PALS.

t: 020 7188 8801 **e:** pals@gstt.nhs.uk

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