

Going home after your son's circumcision

The aim of this information sheet is to answer some of the questions you may have about your son returning to his everyday activities after his circumcision. If you have any further questions or concerns, please speak to a doctor or nurse caring for your son.

When can my son leave hospital?

Your son can usually go home four hours after the surgery if there are no complications. Before he can return home he will need to have eaten, drank and passed urine. You can travel home on public transport if you wish.

Looking after your son's wound

Usually there is no dressing over the circumcision. Sometimes there are stitches that dissolve in their own time.

We recommend that your son does not have a bath or shower for the first 24 hours after surgery. After this time he can bathe and shower as normal, but pat the wound dry until it is fully healed.

Will my son be in pain?

Your son may feel a little bit sore for two days after the operation. He may find that passing urine for the first time can sting. As long as you give him paracetamol regularly at the recommended dose (according to the instructions on the packet) for the first 48 hours, the pain should wear off over a couple of days.

When can my son return to normal activities?

Your son can return to normal activities straight away, however it is best to avoid riding bicycles for a week to allow the wound to heal properly.

Will my son have a follow-up appointment?

A routine follow-up is not always necessary. If your doctor thinks your son should have a follow-up, you will be informed before you go home and an appointment will be sent through the post. If you would like your son to be followed up, you should either request this before your son goes home, or ask your GP to request a follow-up appointment.

What should I do if I have a problem at home?

If any of the following problems occur, make sure your son is taking regular pain relief and drinking enough fluids:

- Fever (a temperature over 38°C)
- Inability to pass urine
- Smelly discharge from penis
- Pain.

If the problems persist for more than one day, please contact your GP or the nurse in charge on Beach Ward using the number in the Contact us box below.

Important

If your son starts passing visible blood in his urine go to your local Emergency Department (A&E). Take all your son's medicines and discharge letter with you to the Emergency Department. Please call Beach Ward using the number in the Contact us box below, to tell us that your son has had to go to ED.

Contact us

If you have any questions or concerns about circumcisions, please contact the nurse in charge on Beach Ward, **t:** 020 7188 8844 (24 hours)

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.evelinalondon.nhs.uk/leaflets

Evelina London Medicines Helpline

If you have any questions or concerns about your child's medicines, please speak to the staff caring for them or contact our helpline.

t: 020 7188 3003 10am to 5pm, Monday to Friday **e:** letstalkmedicines@gstt.nhs.uk

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS) **e:** pals@gstt.nhs.uk
t: 020 7188 3514 (complaints) **e:** complaints2@gstt.nhs.uk

Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch. **t:** 020 7188 8815 **e:** languagesupport@gstt.nhs.uk

NHS 111

Offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day. **t:** 111

NHS Choices

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health. **w:** www.nhs.uk

Get involved and have your say: become a member of the Trust

Members of Guy's and St Thomas' NHS Foundation Trust contribute to the organisation on a voluntary basis. We count on them for feedback, local knowledge and support. Membership is free and it is up to you how much you get involved. To find out more, please get in touch.

t: 0800 731 0319 **e:** members@gstt.nhs.uk **w:** www.guysandstthomas.nhs.uk/membership

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