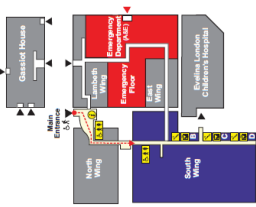
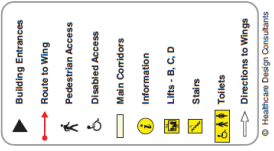


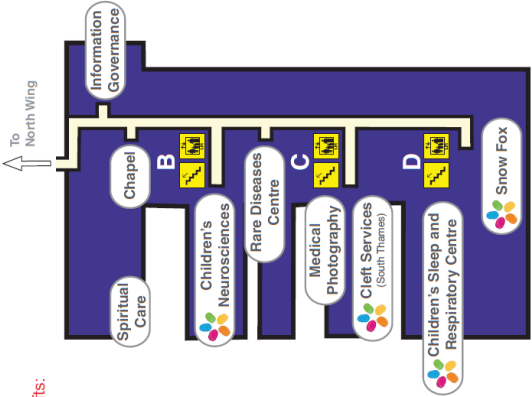
Ground Floor Plan



Key



## South Wing - First Floor



Access only via these lifts:

**Lift B only**

- Children's Services
- Neurosciences
- Outpatients
- Rare Diseases Centre
- Services
- Chapel
- Information Governance
- Spiritual Care

**Lift C only**

- Children's Services
- Cleft Services
- Outpatients
- Medical Photography
- Mycology

**Lift D only**

- Children's Services
- Sleep and Respiratory Centre
- Snow Fox



We're smoke-free  
No photos

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A list of sources is available on request

## How should I clean my child's teeth?

- As soon as your child's first tooth comes through, tooth brushing should be started.
- Brush your child's teeth at least twice a day.
- Use a fluoride toothpaste containing 1,350-1,500ppm of fluoride - a smear if your child is under three years of age and pea-sized amount if your child is over three years of age. This may be a higher fluoride level than you expect but it is recommended due to your child's cleft.
- Encourage your child to spit after brushing but not to rinse with water.
- Assist your child in brushing until they are at least eight years old.
- Your dentist can help to show you brushing and positioning techniques particularly around the cleft region.

## When should I take my child to the dentist?

- You should register your child with a dentist within their first year of life.
- Even though a thorough examination may not be possible, your child will get used to the dental environment.
- Your child should then see the dentist every 4-6 months for regular check-ups.