

Going home on peritoneal dialysis

A guide to the next steps after
your child is discharged home
on peritoneal dialysis (PD)

Leaving hospital for the first time since your child started PD, and having to do this for your child, without a nursing team to support you, may feel a bit scary.

The home therapies team want to make this transition as smooth as possible and this leaflet gives you information about what happens after discharge.

The home therapies team will meet you at home to go through your Baxter delivery and set up the dialysis machine in your home environment for the first time.

There is a service which organises renal technicians to come to your home to help set up the PD machine. This can help with the transition from hospital to home, but is not essential.

You will be given clear instructions on when you should ask for help, and who to contact.

At all other times, if you have medical concerns, please contact Beach Ward, **tel:** 020 7188 8844, and ask to speak to the nurse in charge.

Medication

You will get at least 2 weeks of medications on discharge from Beach Ward. To make sure your child does not run out, we advise you to organise an appointment with your GP within the first week of being home, to make sure that you can get these through your practice.

Your GP will not be able to dispense heparin or darbepoetin injections, so please tell the home therapies team when you are running low, and we will organise them to be ready for when you come to Evelina.

Dressings

The home therapies team will have contacted your child's community nurse before discharge. They will organise the dressing supplies through your GP, so please request these with your child's medications.

Clinic

You will be seen in clinic each week after discharge until your child is stable at home. The appointments will get further apart, but no longer than a month. These appointments are on the Penguin Unit, St Thomas' Hospital, South Wing, block C, level 3, on Monday and Thursday mornings.

Blood tests

We ask for you to get your child's blood taken at the Blood Test Centre after clinic. This is on the ground floor, South Wing.

Travel

You can claim your travel fares back for all kidney-related appointments. Please ask the team for more information.

Home therapies team

The team who will be looking after your child on discharge from hospital will be made up of clinical nurse specialist (CNS), and a consultant.

Useful sources of information

infoKID

Information for parents and carers about children's kidney conditions

web: www.infokid.org.uk/peritoneal-dialysis

Kidney Care UK

Kidney patient support charity

web: www.kidneycareuk.org/

My kidney

Everything you need to know about kidneys and healthcare.

web: www.mykidney.org/home.aspx

Explaining dialysis to a child

web: www.guysandstthomas.nhs.uk/resources/patient-information/kidney/little-book-about-kidneys.pdf.

Contact us

If you have any questions or concerns about PD, please contact the home therapies team, **tel:** 07584 143 776, Monday to Friday, 9am-5pm. Out of hours, please contact Beach Ward, **tel:** 020 7188 2008 / 020 7188444. If you have any trouble reaching these numbers, the nurse in charge can be contacted through switchboard, **tel:** 020 7188 7188.

For more information on conditions, treatments and services offered at our hospitals, please visit **web:** www.evelinalondon.nhs.uk/leaflets

Evelina London Medicines Helpline

If you have any questions or concerns about your child's medicines, please speak to the staff caring for them or contact our helpline, **tel:** 020 7188 3003, Monday to Friday, 10am-5pm, **email:** letstalkmedicines@gstt.nhs.uk

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS), **tel:** 020 7188 8801, **email:** pals@gstt.nhs.uk. To make a complaint, contact the complaints department, **tel:** 020 7188 3514, **email:** complaints2@gstt.nhs.uk

Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch, **tel:** 020 7188 8815, **email:** languagesupport@gstt.nhs.uk

NHS 111

This service offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day, **tel:** 111, **web:** www.111.nhs.uk

NHS website

This website gives information and guidance on all aspects of health and healthcare, to help you take control of your health and wellbeing, **web:** www.nhs.uk

Get involved and have your say: become a member of the Trust

Members of Guy's and St Thomas' NHS Foundation Trust contribute to the organisation on a voluntary basis. We count on them for feedback, local knowledge and support. Membership is free and it is up to you how much you get involved. To find out more, please get in touch, **tel:** 0800 731 0319, **email:** members@gstt.nhs.uk, **web:** www.guysandstthomas.nhs.uk/membership

Was this leaflet useful?

We want to make sure the information you receive is helpful to you. If you have any comments about this leaflet, we would be happy to hear from you.

web: www.guysandstthomas.nhs.uk/leaflets,
email: patientinformationteam@gstt.nhs.uk



Patient Information Forum

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