

# Your child's follow-up in the plastic surgery trauma clinic

Your child has attended the Children's Emergency Department (A&E) after an injury, and you have been referred to the children's plastic surgeons at Evelina London Children's Hospital for assessment and possible surgery.

Your local Emergency Department have filled out an online form with all your details, and we will contact you early tomorrow morning to tell you what to do next.

If you haven't heard from us by 11am the day after you have been at the Emergency Department, please call, **t:** 07342 066727 or **e:** [Evelina.plasticstrauma1@nhs.net](mailto:Evelina.plasticstrauma1@nhs.net) and we will let you know what to do.

## When you get home

- Keep dressings clean and dry until your review.
- If the injury was on a hand or foot, try and keep the limb elevated as much as possible.
- Take antibiotics or pain relief medication as advised.
- You can feed your child tonight as normal.
- Wait for our phone call (usually 9-10am)
- Give your child an early breakfast (last food at 7.30am)
  - They can carry on drinking water, or diluted squash, until our review.
  - Milk is counted as food (last drink at 7.30am)

## When to come back to the Emergency Department

You should come back to the Emergency Department before your appointment with us, if:

- your child has a temperature of 37.8C or above
- you are concerned something else is wrong
- if the wound is bleeding uncontrollably, after putting **continuous** pressure on it for more than five minutes
- your child's pain is not controlled by regular paracetamol
- the dressings have come off or become wet.

## What will happen tomorrow

- Give your child an early breakfast
  - No food or drink after 7.30am
  - Water or dilute squash is allowed until review
- You will be called by our doctors or specialist nurse, usually between 9-10am
- You will be told when to come to Evelina London, possibly the morning after you've been to the Emergency Department, or in a few days
- You will be assessed by a specialist and talk about further management:
  - Possibly dressings, splints or casts
  - Possibly surgery
- If an operation or procedure is needed, we hope to perform it on the same day as your assessment. Sometimes this isn't possible and you may have to come back on another day.
- Please make sure a parent or legal guardian who can legally sign a consent form if needed, comes with the child.

## Contact us

Clinical nurse specialist, **t:** 07342 066727, Monday to Friday, 9am-5pm, **e:** [Evelina.plasticstrauma1@nhs.net](mailto:Evelina.plasticstrauma1@nhs.net)  
Westminster Bridge Road, London, SE1 7EH.

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit **w:** [www.evelinalondon.nhs.uk/leaflets](http://www.evelinalondon.nhs.uk/leaflets)

## Evelina London Medicines Helpline

If you have any questions or concerns about your child's medicines, please speak to the staff caring for them or contact our helpline.

**t:** 020 7188 3003, Monday to Friday, 10am-5pm

**e:** [letstalkmedicines@gstt.nhs.uk](mailto:letstalkmedicines@gstt.nhs.uk)

## Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

**t:** 020 7188 8801 (PALS) **e:** [pals@gstt.nhs.uk](mailto:pals@gstt.nhs.uk)

**t:** 020 7188 3514 (complaints)

**e:** [complaints2@gstt.nhs.uk](mailto:complaints2@gstt.nhs.uk)

## Language and Accessible Support Services

If you need an interpreter or information about your care in a different language or format, please get in touch.

**t:** 020 7188 8815 **e:** [languagesupport@gstt.nhs.uk](mailto:languagesupport@gstt.nhs.uk)

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A list of sources is available on request