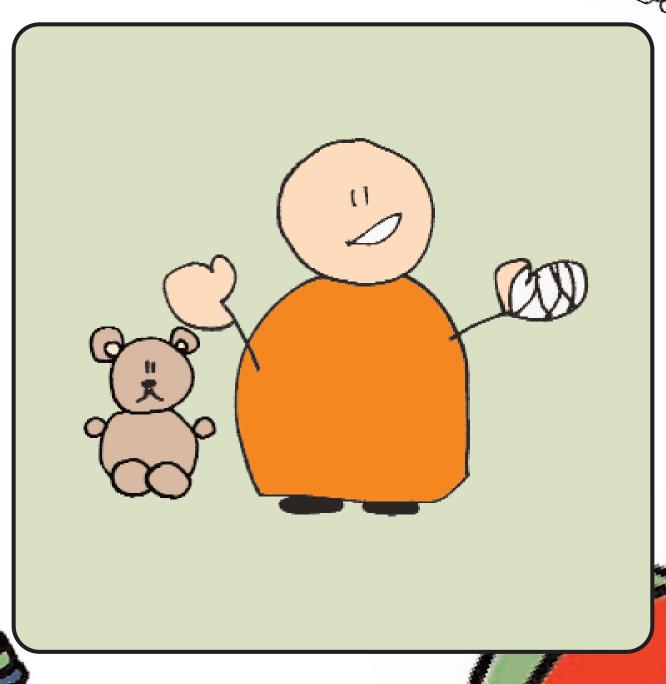




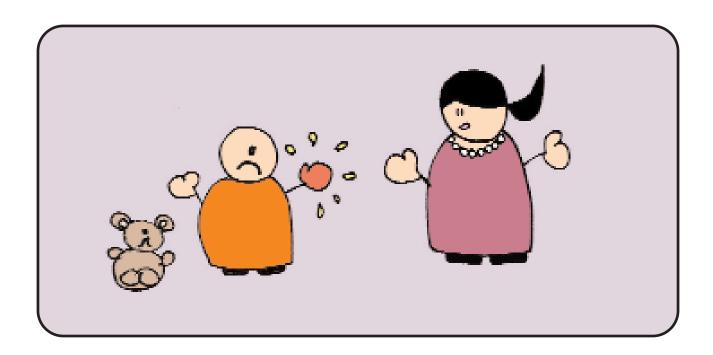
Timmy's operation





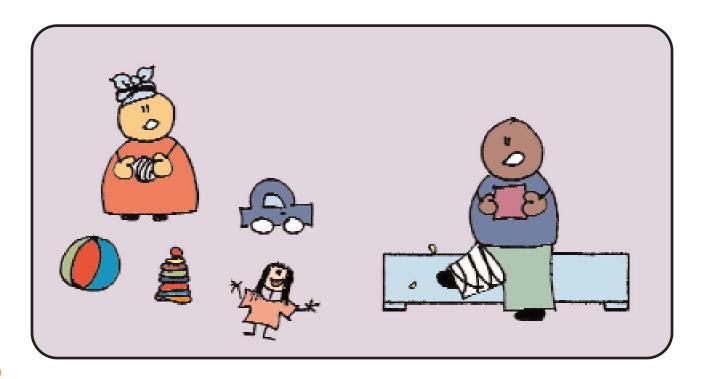
Timmy hurt his hand.

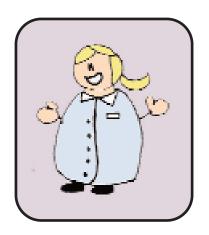
His mum took him to the children's hospital for an operation to make his hand better. Teddy went along too!



There were lots of other children at the hospital. Some were in the playroom, which was full of toys.

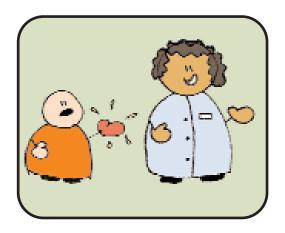
What toys can you see?



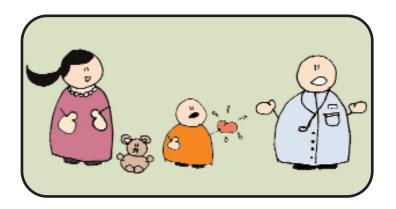


Nurse Gemma showed Timmy and his mum to his own bed. The doctors came to see Timmy.

Dr Smith, the anaesthetist, told Timmy about the anaesthetic. She said "The anaesthetic is the medicine I give you before the



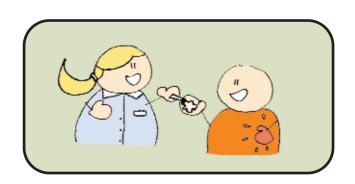
operation. It will send you into a special sleep and I will wake you up when the operation is over."



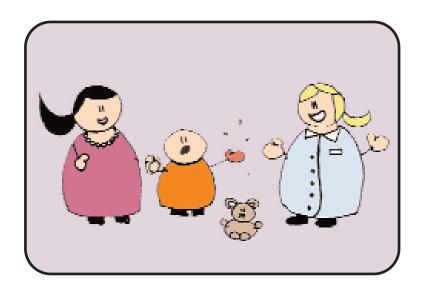
Mr Jones, the surgeon, also came to see Timmy and checked his hand. He told Timmy and his Mum how he would make his hand better

Nurse Gemma put Emla cream and a clear plaster on his other hand. It is sometimes called 'magic cream', because it helps to stop your hand from hurting when you have an injection.

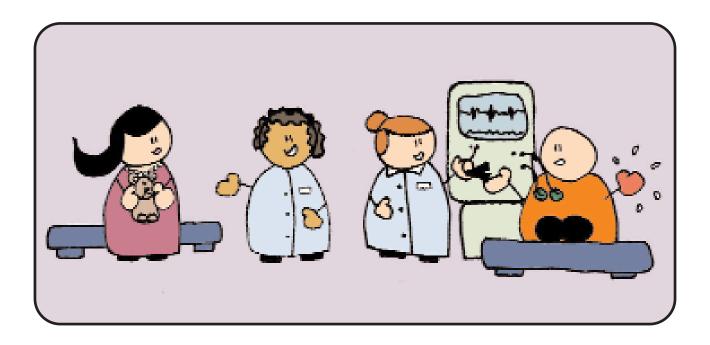
She also put a bracelet on Timmy's wrist with his name written on it.



Timmy told Nurse
Gemma that he was
scared. She said "It
is OK to be scared
of some things.
Lots of people get
scared. The nurses
and doctors will
look after you."



Mum, Nurse Gemma and Teddy went to the anaesthetic room with Timmy. This was a small room next to the operating theatre. He met Amy in the room. She told Timmy that she would be helping Doctor Smith.



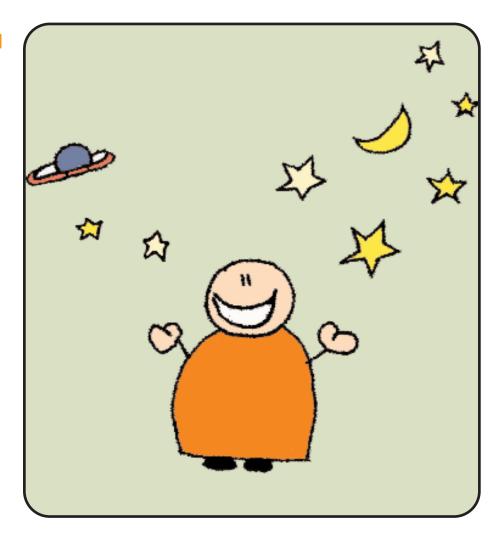
"This machine helps us look after you" said Amy. She put some sticky pads on Timmy's chest and a rubber peg on his finger. The machine made 'bleeping' noises.

Dr Smith took the plaster and Emla cream off Timmy's hand. Timmy felt Doctor Smith put a small plastic tube there. Dr Smith then put some cold medicine through the tube and into Timmy's hand. The medicine made Timmy fall asleep.

Sometimes Dr Smith asks children to breathe in some special air from a mask. This is also an anaesthetic and sends you to sleep for the operation.

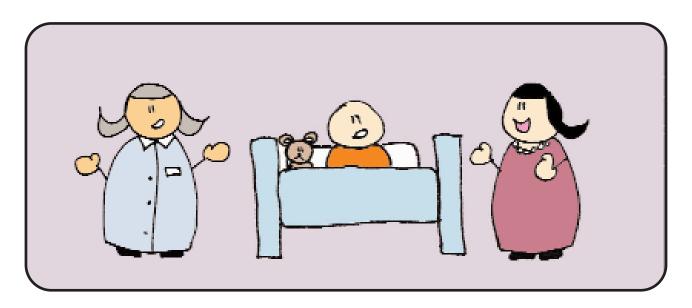
During the operation, Timmy slept and he did not hear, feel, or see a thing.

What do you think Timmy is dreaming about?



When the operation was over, Dr Smith took Timmy into the 'recovery room'. He had a special recovery nurse, called Nurse Jane, to look after him.

Timmy woke up slowly and when he opened his eyes Mum, Teddy and Nurse Jane were with him. Timmy felt a bit sleepy, so he stayed in bed.



Timmy still had the small plastic tube on his hand, so Nurse Jane put a bandage over it to keep it safe.

When it was time, Nurse Gemma took Timmy back to the ward with Mum and Teddy. Timmy's hand felt a bit sore so Nurse Gemma gave him some medicine. He soon felt

better and played with his toys again.

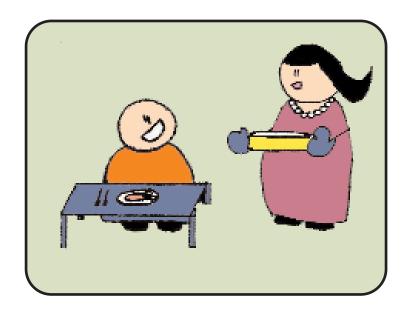
The surgeon came to see Timmy and said he could go home.

Nurse Gemma gave Timmy a present, can you see what it is?

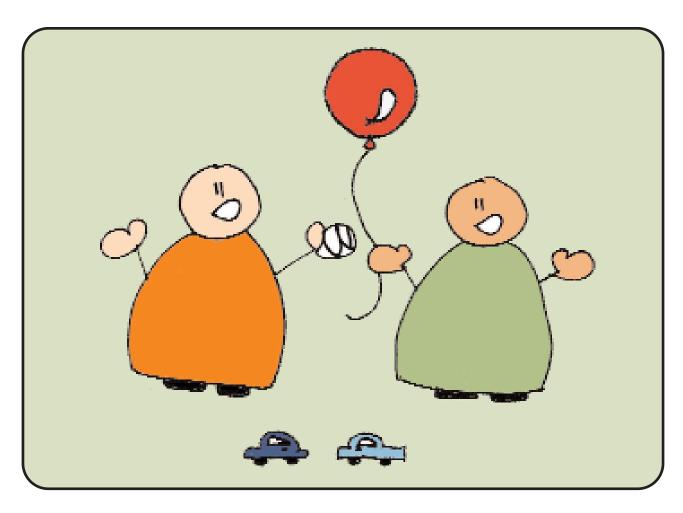


When Timmy got home, his Mum made him his favourite meal.

What is your favourite meal?



The next day Timmy told his friend, Jack, all about the operation and the hospital.



Jack thought Timmy was very brave!





Further information

Knowledge & Information Centre (KIC) -

For story books for children about coming into hospital, or more information about health conditions, support groups and local services, or to search the internet and send emails, please visit the KIC on the Ground Floor, North Wing, St Thomas' Hospital.

t: 020 7188 3416 e: kic@gstt.nhs.uk

PALS - To make comments or raise concerns about the Trust's services, please contact our Patient Advice and Liaison Service (PALS). Ask a member of staff to direct you to PALS or:

t: 020 7188 8801 at St Thomas'

t: 020 7188 8803 at Guy's e: pals@gstt.nhs.uk

Language support services - If you need an interpreter or information about the care you are receiving in the language or format of your choice, please get in touch using the following contact details.

t: 020 7188 8815 fax: 020 7188 5953

e: languagesupport@gstt.nhs.uk

NHS Direct - Offers health information and advice from a specially trained nurse over the phone 24 hours a day.

t: 0845 4647 w: www.nhsdirect.nhs.uk

Guy's and St Thomas' NHS Foundation Trust - St Thomas' Hospital, Westminster Bridge Road, London SE1 7EH. Guy's Hospital, Great Maze Pond, London SE1 9RT Switchboard: 020 7188 7188 www.guysandstthomas.nhs.uk

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